

Ardbrae Ball 2019

* **The Machine Without Horses**, 32J 3C (4C Set)

RSCDS Book 12

- 1-4 1st couple set and cast off one place. 2nd couple step up on bars 3-4.
5-8 1st and 3rd couples dance right hands across once round.
9-12 1st couple set and cast up one place. 2nd couple step down on bars 11-12.
13-16 1st and 2nd couples dance left hands across once round.
17-24 1st couple, followed by 2nd couple who dance up the sides to begin, dance down between 3rd couple cast up round them, dance up to the top, and cast off into second place, while 2nd couple dance up into top place.
25-32 1st and 2nd couples dance rights and lefts.

* **The Somerset Children's Reel**, 32R 3C (4C Set)

Elizabeth Beckinsale, RSCDS Book 51

- 1-8 1st & 2nd couples dance right hands across and left hands back.
9-16 1st couple lead down for two steps, set to each other retaining right hands, lead up to the top, and cast off to second place. 2nd couple step up on bars 15-16.
17-24 1st and 3rd couples dance a double figure of eight. To begin, 1st couple cross down while 3rd couple dance up the sides.
25-32 2nd, 1st and 3rd couples dance six hands round and back.

Old and Dangerous, 32S 2C (4C Set)

G. Thomas, San Andreas Coll.

- 1-4 1st & 2nd couples set, 1st woman cast down, 2nd man cast up as 1st man and 2nd woman pass LEFT shoulders to face partners on the 1st corner diagonal
5-8 1st & 2nd couples dance half reel of four
9-16 Revolving chain:
Bar 1 1st and 2nd couples turn partner with RIGHT hand half way
Bar 2 1st woman and 2nd man turn LEFT hand as 1st man and 2nd woman travel 1/8 on outside (line is up and down the set)
Bars 3-6 Repeat bars 1-2 twice more (end of bar 4 - line is on 2nd corner diagonal; end of Bar 6 - line is across the set)
Bars 7-8 Men turn with RIGHT hands $\frac{3}{4}$ to progressed positions while women do the same, 1st man and 2nd woman remain facing out
17-24 1st man cast up and 2nd woman cast down, dance back to back and set while: 1st woman & 2nd man dance back to back, then set twice advancing, passing retiring 2nd woman and 1st man respectively, then passing each other to face partner, still on the diagonal
25-32 1st & 2nd couples turn partner two hands once round (2 bars), half poussette (4 bars), and set (2 bars)

Miss Emily Gordon's Jig, 32J 3C (4C Set)

Bill Zobel, Dancing on Air

- 1 - 2 1st, 2nd and 3rd couples turn with right hands half-way to face partner in the middle of the set, retaining right hands and joining left hands below the right.
3 - 6 1st, 2nd and 3rd couples slip down the middle for four steps. then slip back to the top.
7 - 8 Using two pas de basque, all three couples change places with partner, retaining joined hands but lifting right hands over the ladies' heads to finish in allemande hold facing the top.
9 - 16 1st, 2nd and 3rd couples dance allemande.
On bars 15 - 16, 1st and 3rd couples dance two pas de basque to finish in the middle of the set, 1st couple facing up and 3rd couple facing down with nearer hands joined.
17 - 18 3rd and 1st couples change places, 1st couple dancing through the arch made by 3rd couple.
19 - 20 1st and 3rd couples change sides, lady dancing under her partner's arm.
21 - 22 1st and 3rd couples change places, 3rd couple dancing through the arch made by 1st couple
23 - 24 3rd and 1st couples change sides, lady dancing under her partner's to finish on own sides, 3rd couple in 1st place facing down and out, 1st couple in 3rd place facing up and out.
25 - 28 3rd, 2nd and 1st couples dance half reel of three on the sides, 2nd couple dancing in and down, 1st couple dancing out and up to begin.
29 - 32 1st and 2nd men turn 1 1/2 times with left hand, 1st and 2nd ladies turn 1 1/2 times with right hand.

* **Bohemian Reflections**, 32R 3C (4C Set)

Holger Schuckelt, RSCDS Book 51

- 1-4 1st couple lead down two places, cross over below 3rd couple, and cast up to second place on opposite sides. 2nd couple step up on bars 3 - 4.
5-8 1st couple, giving left hands, turn one and a quarter times to finish in the middle facing own sides.
9-12 1st man with 2nd couple and 1st woman with 3rd couple dance right hands across. To finish, 1st couple pass by the right shoulder in the middle.
13-16 1st woman with 2nd couple and 1st man with 3rd couple dance left hands across. 1st couple finish in second place on opposite sides.
17-24 2nd and 1st couples dance a ladies' chain. 1st couple finish in second place on opposite sides, 1st man facing out.
25-30 1st man, followed by his partner, casts off one place and dances across the set and up behind 3rd man to second place on own side. On the last two bars, 1st woman dances up the middle and into second place on own side, pulling back right shoulder.
31-32 2nd, 1st and 3rd couples, joining hands on the sides, set.

Part 1

- 1-8 All dance eight hands round and back.
9-16 The swirl
9 - 10 1st and 3rd couples turn partners with the right hand once round to finish in allemande hold facing across the set.
11 - 12 1st and 3rd couples dance round each other half way, men passing left shoulders, to finish in the middle of the set. On bar 12, 1st and 3rd couples release right hands and retain left hands.
13 - 16 1st and 3rd couples dance left hands across. On bar 16 they dance in and, pulling back left shoulder, dance on to finish back to back with partner facing the side couples. 1st woman and 3rd man face 2nd couple, 3rd woman and 1st man face 4th couple.
17-24 All dance reels of four across the dance, passing right shoulders to begin.
25-26 All set.
27-32 1st man with 3rd woman, 3rd man with 1st woman, retaining nearer hands, dance out between the 4th and 2nd couples respectively, cross and cast to places then, giving right hands, change places with partners.

Part 2

- 1-4 All four couples, joining nearer hands with partners, set then advance to join hands in a circle in the middle.
5-8 Releasing partners' hands and retaining nearer hands with corners, all retire on the diagonal and set.
9-16 1st woman and 4th man, 2nd man and 3rd woman dance rights and lefts. To begin, 1st woman gives right hand to 2nd man and 4th man gives right hands to 3rd woman.
17-24 1st man and 2nd woman, 4th woman and 3rd man dance rights and lefts. To begin, 1st man gives right hand to 4th woman and 2nd woman gives right hand to 3rd man.
25-28 All four couples, joining nearer hands with corners, set then advance to join hands in a circle in the middle.
29-32 Releasing corners' hands and retaining nearer hands with partners, all retire to original places and set.

Part 3

- 1-8 2nd and 4th couples repeat bars 9-16 of Part 1.
9-16 All dance reels of four up and down the dance, passing right shoulders to begin.
17-18 All set.
19-24 2nd man with 4th woman, 4th man with 2nd woman, retaining nearer hands, dance out between the 1st and 3rd couples respectively, cross and cast to places then, giving right hands, change places with partners.
25-32 All dance eight hands round and back.

The Thistle and the Columbine, 32J 3C (4C Set)

J. Renton

- 1-8 1st couple set and cast off one place, 2nd couple step up on bars 3 & 4. 1st woman with 2nd couple and 1st man with 3rd couple dance right hands across once round, the first couple finish facing their first corners
9-16 1st couple dance the track of a reel of four to finish back to back in the center of the dance in second place facing their own sides while 2nd and 4rd couples dance rights and lefts.
17-24 2nd, 1st and 3rd couples dance double triangles, the 1st couple finishing in the centre of the dance facing down on their own side with nearer hands joined.
25-32 1st couple with nearer hands joined down between 3rd couple, cast up one place to meet in the centre of the dance facing up and with nearer hands joined dance up between the 2nd couple and cast off one place.

*** Holyrood Strathspey, 32S 3C (4C Set)**

Mervyn Short, RSCDS Book 51

- 1 - 4 1st couple set and, giving right hands, turn once round and face out.
5 - 8 1st couple cast off one place and, giving right hands, turn once round to finish facing out in second place on own side. 2nd couple step up on bars 5 - 6.
9 - 16 2nd, 1st and 3rd couples dance reels of three on own sides. To begin, 1st couple pass partner's first corner by the right shoulder. 1st couple finish in the middle, back to back, facing first corners.
17 - 20 1st couple dance corners pass and turn with first corners and pass partner by the right shoulder to face second corners.
21 - 24 1st couple dance corners pass and turn with second corners and pass partner by the right shoulder to finish in second place on own sides.
25 - 32 2nd, 1st and 3rd couples dance six hands round and back.

*** Flowers of Edinburgh, 32R 3C (4C Set)**

RSCDS Book 1

- 1-6 1st woman casts off two places, crosses to the opposite side and dances up behind 2nd and 3rd men to her partner's original place. 1st man follows his partner, crossing over and dancing behind 2nd and 3rd women, and up the middle to his partner's original place.
7-8 1st couple set to each other.
9-14 1st couple repeat bars 1-6, with 1st man casting off and 1st woman following. 1st couple finish in original places.
15-16 1st couple set to each other.
17-24 1st couple lead down the middle and up to finish facing each other in the middle of the set with both hands joined. 2nd couple step in.
25-32 1st and 2nd couples dance a poussette.

~~~~~ Break ~~~~~

**\* The White Cockade, 32R 3C (4C Set)**

RSCDS Book 5

- 1-8 1st, 2nd and 3rd couples set and, giving right hands, cross over. They repeat back to places.  
9-16 1st couple lead down the middle and up to finish in first place in the middle of the set.  
17-20 1st couple cast off to second place on own sides. 2nd couple step up on bars 19-20.  
21-24 1st and 3rd couples dance four hands once round to the left.  
25-32 2nd and 1st couples dance rights and lefts.

**At the Summit, 32S 3C (4C Set)**

C Williams & J Kulas,

- 1-4 1st couple turn once round with both hands to face up and cast off one place on own sides as 2nd couple step up.  
5-8 1st couple cross, giving right hands, cast round first corners by the right and finish back to back in the middle, facing their first corners.  
9-12 1st couple set to their first corners. 1st couple then cast around each other by the right to finish in their partner's first corner position, while their corners dance into the middle and, pulling back right shoulders, finish back to back, facing their original positions.  
13-16 1st couple and first corners set to each other. First corners cast round each other by the right to finish on the opposite sides in each other's original positions, while 1st couple dance into the middle and, pulling back right shoulders, finish back to back, facing their second corners.  
17-24 1st couple repeat bars 9-16 with second corners but pass by the right on bars 23-24 to finish in second place on opposite sides. Second corners finish on the opposite sides in each other's original positions.  
25-32 3rd, 1st and 2nd couples set and link twice to finish on their own sides in the order 2, 1, 3.

**\* The Isle, 32J 3C (4C Set)**

RSCDS 1st Graded Book

- 1-8 First, second and third couples dance reel of three on own side of dance.  
9-16 First couple cast off round second couple, lead through third couple, and cast up round them to face first corner.  
17-20 First couple set to first corner then set to second corner.  
21-24 First couple turn each other with the right hand 1½ times to finish on own side one place down.  
25-32 First and second couples right and left.

**The Irish Rover, 32R 3C (4C Set)**

J. Cosh. 22 SCDs

- 1-8 First couple lead through third couple, cast up one place on own side; first woman wheel right hand with second couple, first man wheel right hand with third couple.  
9-12 First couple dance half reels of four with first corners, then  
13-16 half reels of four with second corners. At end of reels first couple turn left hand in centre ready to  
17-24 give left shoulders to person in 1st corner's position for two reels of 3 across the dance. 1st couple finish in 2nd place, own side.  
25-26 First couple change places with person in their first corner's position (i.e. first lady right hand to third lady and first man right hand to second man).  
27-28 Change left hands on sides; first lady with second man, first man with third lady. (First corners now back in original places.)  
29-30 First lady changes places, giving right hand to third man (in second lady's position), while first man changes places, giving right hand to second lady (in third man's position).  
31-32 First and second ladies and first and third men change places, giving left hands on own side of the dance.

**\* McMarley's Cross, 32S 3C (3C Set)**

Thistle Society, Rose and Thistle Book of dances

- 1-4 1st, 2nd and 3rd couples turn partner by the right hand once round.  
5-8 1st, 2nd and 3rd couples turn partner by the left hand once round.  
9-12 1st couple set and cast off one place. (2nd couple step up bars 11 & 12.)  
13-16 1st and 2nd couples dance right hands across.  
17-20 1st couple set and cast off one place. (3rd couple step up bars 19 & 20.)  
21-24 1st and 3rd couples dance left hands across.  
25-32 2nd, 3rd and 1st couples dance a grand chain. (1st couple face 3rd couple and 2nd couple cross.)

**Dancing Dolphins, 32J 3C (4C Set)**

Barry Skelton, Dolphin Book

- 1-8 First couple, cross with the right hand and cast off one place. (Second couple step up on bars 3 & 4.) First couple turn each other with the left hand 1 ¼ times. First couple finish facing the lady's side, the man has his partner on his right. \*\*\*  
9-16 First couple in tandem, dance a right shoulder reel of three with second and third lady. \*  
17-24 First couple in tandem, dance a left shoulder reel of three with second and third men. \*\*  
25-32 First couple with promenade hold dance out the ladies' side and down around third lady. First couple dance up the middle, drop hands and cast around second couple to finish in second place.

**\* The Deil among the Tailors, 32R 3C (4C Set)**

RSCDS Book 14

- 1-4 1st and 2nd couples set to partners and dance right hands across halfway round.  
5-8 2nd and 1st couples set to partners and dance left hands across halfway round to original places.  
9-16 1st couple lead down the middle and up to finish in the middle of the set facing up. 2nd couple step in.  
17-24 1st and 2nd couples dance an allemande.  
25-32 2nd, 1st and 3rd couples dance six hands round and back.

\* Dances for beginners